

SUSTAINABLE DEVELOPMENT

BEST PRACTICES

FOR TRUCKING

USE LESS ENERGY

- Swap out your lightbulbs for more energy-efficient models, like LEDs.

SAVE WATER

- Use environmentally friendly, phosphate-free cleaning products.
- Choose greener truck-cleaning methods (e.g., pressure washing, roll-over car wash).

MAKE RESPONSIBLE PURCHASES

- Adopt a responsible purchasing policy.

MANAGE YOUR WASTE EFFICIENTLY

- Implement the 5 Rs (rethink your needs, reduce, reuse, recycle and reclaim).
- Make sure to properly dispose of waste such as oil and grease.
- Make sure you always have absorbents for hazardous leaks.

REDUCE YOUR GREENHOUSE GAS EMISSIONS (GHG)

- Hire an expert to assess your carbon footprint and draw up a plan to cut and offset emissions.
- Make the transition to more energy-efficient vehicles.
- Take training on fuel-efficient driving.
- Do preventive maintenance by regularly inspecting trucks to ensure they are in good condition.
- Help make trucks more aerodynamic by installing devices such as wind deflectors, trailer skirts, etc.
- Optimize your routes and set up trip strategies to reduce deadheading and other wasteful practices.
- Turn the engine off during deliveries.
- Try to find repaired or refurbished parts for vehicle maintenance.
- Look into new technologies such as "niosense" to synchronize traffic lights.



IMPROVE WORKPLACE WELLNESS, HEALTH AND SAFETY

- Make sure every truck has a first aid and survival kit.
- Review the ergonomics of your trucks and implement recommendations.
- Respect your employees' and coworkers' right to disconnect.
- Encourage employees to adopt healthy lifestyle habits (sleep, nutrition, exercise).
- Schedule a two-driver team for long-distance trips.

INCREASE CUSTOMER SATISFACTION AND COMMUNITY INVOLVEMENT

- Share your sustainable development successes.
- Get involved in causes.

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For more information, reach out to your local's SADC or CAE

sadc-cae.ca